



Does my communication impact my career?

I don't think it's possible for me.

I want to make "BIG" In life. But I don't know how?

Do you have these conversations in mind?

BREAKTHROUGH

(A program to empower and enable individuals on **Public Speaking** and **Personality Development**)

The word "Breakthrough" is intended to bring real breakthroughs to happen in anyone's life through the power of personality development and public speaking. Often in our lives, we get lost and live a life that occurs for us. We might be fearful, don't believe ourselves, procrastinate our actions constantly, not minding our health and relationships, continuously frustrated about the career that we are IN, and also blame others for results that don't happen our way. The challenges that were mentioned happens in most of our lives in one or the other way. Even though we are aware of all the challenges, wanting to overcome them, chances are high that we don't know the way out or we know the way but do not know how to implement the same

Hence the reason we combined public speaking along with personality development. To change or to transform oneself, confidence is the main key. Confidence develops with communication abilities. It helps us to let go of the fear that we are holding ON within us to go beyond the challenging zone to express ourselves efficiently in any situation. So, anyone can evolve to become better decision-makers, determined to achieve their goals, develop additional skills that help them to overcome the challenges, and also to create healthy relationships.

It's a 5-week workshop that happens through Zoom (online sessions)

On Wednesdays and Saturdays, we have online sessions from 7.30 PM to 9.30 PM, IST whereas on the other days we evaluate their speech scripts, videos, audios, and individual evaluation is being given which will bring a huge transformation in them.

Also, we do conduct coach calls by segregating them into different teams. These coach calls help and aids the individual to find their blind spots and take ACTION accordingly. The Coach Calls can be scheduled by the teams between the sessions or during the weekends.

When: It's on Wednesdays and Saturdays from 7.30 PM to 9.30 PM, IST.

Registration Link:

<https://tinyurl.com/SCBTONE>

Agenda – Breakthrough

1. Belief in Breakthrough
2. Gratitude, Content Creation
3. Scripting a Speech
4. Fear, Evaluating the Speeches
5. Passion for Excellence
6. Emotional Hygiene
7. Voice Modulation
8. Your Health Matters
9. Crutch Words
10. Time Management
11. Facts & Techniques to enhance speaking skills
12. Extempore Speech
13. Storytelling
14. Breakthrough Moments in life – An Introspection

About the Trainers:

Mubeen Irshad

Mubeen Irshad is the author of the best-selling book "Positive Ripples" which has become an instant hit in the recent past which helps to understand the mindset of the people and help them to achieve their best by creating more positive ripples in their lives. Also, she has published 7 eBooks by collaborating with children. She has also received the award "Women on the rise" from the Cynergi Writers Forum, Mumbai and also "Top 100 Women Entrepreneurs Award" from OoruniFoundation . She has been the "Global Ambassador" of CIMSME of India.

She has conducted several workshops for various top-notch institutions like VIT, Loyola college, KCG engineering college, SDNB college to name a few. Also, she has done Business Storytelling workshops with companies like Daimler, Accenture, Infosys etc. She is working to create a "Breakthrough" and instil transformation through human connections.

Dr. Princely Samuel

Princely Samuel, who was an Assistant Professor of English in a renowned college in Chennai, recognized his passion towards Training the young minds on Soft skills and English Language coaching and decided to focus on these criteria. Accordingly, he has trained more than 1500 students of rural background, among which majority of them have been First-Generation learners. He has done trainings in several colleges, to mention a few: Sri Ramakrishna Engineering College-Coimbatore, Knowledge Institute of Technology, Knowledge Business School – Selam, Coimbatore Institute of Technology - Coimbatore ,St.Joseph's College of Engineering - Chennai,

Hindustan Engineering College-Chennai, Anna University Trichy, Tamilnadu Polytechnic Madurai. He has been invited as Resource Person for Faculty Development Programme (FDP) at various Institutions.

He has not denied the opportunities that were bestowed upon him acknowledging his "Trainee focused Trainings" in corporate companies too. To name a few are: English Communication Training given for Corporate SPS Publishing Company, Chennai & Trichy, Employees of Infosys, Accenture, HCL on various topics, Trained the newly joined professionals – CAPGEMINI Chennai. He has also been a free-lance Language trainer and verbal ability trainer at IMS Madurai branch and trained candidates for GRE TOEFL CAT and MAT.

Why does one need to attend this session?

1. Breaking barriers in speaking
2. Overcoming fear & shame
3. Emotional Connect to develop Speaking skill
4. Confidence Building
5. Transformation in personality


Please feel free to contact us at

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for any clarifications.

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